



Hawk's Eye

Weekly News from Hope Elementary School

hes.fivetowns.net

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[Hope Elementary School Facebook](#)



Upcoming Events for Your Calendar

Nov. 9th – School Picture Day by Lifetouch
Nov. 9th – HES School Committee Meeting (6PM at HES)
Nov. 11th – No school - Veterans Day
Nov. 22nd & 23rd – No school (teacher workshop days)
Nov. 24th – 26th – No school - Thanksgiving break
Dec. 3rd – End of first trimester
Dec. 22nd – Early release (staff & students) at 11:30AM
Dec. 23rd – 31st – No school - Holiday break

***“Every storm runs
out of rain.”***

~Maya Angelou

Please send messages to hesoffice@fivetowns.net when you need to notify the office about any changes to your child's daily pickup/drop-off schedule. Just a reminder that the school day is from 8:15AM until 2:45PM (Monday – Thursday) and 8:15AM – 1:45PM on Fridays.



Substitutes Needed

We need substitutes! If you're interested, please contact the superintendent's office for the necessary paperwork at 763-3818.

FACILITY UPDATE

Please be aware that our school boiler will be replaced the week of October 25th. We are fortunate to be able to replace the boiler before it gets too cold, however, next week is supposed to turn cooler. Since we will not have any heat in the building until November 1st (expected date of project completed), it will be important to wear layers as the temperature in the building may be cooler than normal. We will not have hot water for the week of October 25th, and this may affect our menu so please be patient with any last-minute changes. Thank you for your understanding.

First Grade News

Grade one learned about apples and that there are 4000 varieties. We also invented apple pickers. In a mock orchard, everyone tried out their inventions. Next, we revised them like real inventors do. Students showed perseverance, determination, good attitude, collaboration, and initiative.



Physical Education Update from Mr. Payson

Reminder that students will be going outside for Physical Education class as much as possible. Classes will be inside if it is raining, and outside even in cold weather. Students in grades K-5 have 30-minute classes, and grades 6-8 have 55-minute classes. Please have your child come to school prepared to be outside for that much time on PE days. Thank you! The schedule is below.

PE days by grade

K Tuesday/Friday	4 Tuesday//Wed.
1 Tuesday/Thursday	5 Monday/Friday
2 (Holt) Thursday/Friday	6 Monday/Wed.
2 (Babb) Monday/Friday	7 Monday/Wed.
3 Thursday/Friday	8 Thursday/Friday

Pre-K Update

Pre-K students were busy this week shoveling and raking wood chips for their outdoor classroom and raking stone for the garden house floor. We are grateful to the Green Thumb of Rockport for delivering and lugging the stones into the garden house and to Gavin McLain of CTL Land Management of Waldoboro for donating and delivering a dump truck full of wood chips.



Artwork on display in our lower wing hallway! Thank you to Mrs. Cooper for helping our students get creative!



Middle School Student Council Officers for the 2021/22 school year are:



President: Alex I. (8th grade)
Vice-President: Maggie M. (6th grade)
Treasurer: Oakley G. (6th grade)
Secretary: Adelaide L. (6th grade)

Congrats to everyone who ran for office! Class Representatives will be announced soon.



HES MENU for 10-25 through 10-29

- ☐ **Monday (10/25):** Parfait (Breakfast)
Ham & Cheese Sandwich (Lunch)
- ☐ **Tuesday (10/26):** Cereal (Breakfast)
Chicken Caesar Wrap (Lunch)
- ☐ **Wednesday (10/27):** Cinnamon Rolls (Breakfast)
Ham Italian (Lunch)
- ☐ **Thursday (10/28):** Parfait (Breakfast)
Turkey & Cheese Wrap (Lunch)
- ☐ **Friday (10/29):** Cereal (Breakfast)
Pizza Stromboli Bread (Lunch)

ALL MEALS ARE FREE FOR STUDENTS

Lunch options include a choice of salad, bagel or sandwich/entrée of the day. Fruit, a whole grain item and milk are offered with all meals.



Superintendent's Update October 15, 2021

Kate Clark, Superintendent
kate.clark@fivetowns.net

Central Office News: As of Monday, October 25th, the Central Office will be in our new space! The address of the new office, as of October 25, 2021 will be: **2561 Atlantic Highway, Lincolnvile 04849**. Our phone number will remain the same: 763-3818. Our office will be closed October 19-22 to facilitate the move. We will be responding to email as quickly and as often as we can during that week.

Covid Update: To date, we have had 28 days of in person instruction without any cases of infectious persons in either Hope or Lincolnvile, see below for more information about Appleton.

Please keep in mind as we continue to manage this virus and keep schools open, our nurses and other staff members who are calling about close contacts, testing or quarantine are only the messengers! The common enemy we share is the Coronavirus! Even though the information shared can be frustrating and can impact your jobs and families, keep in mind that **we are all in this together**.

- Our primary goal is to keep as many students present for in-person learning as possible, which means that our protocols may have little wiggle room for individual needs and situations.
- We have to consider the health and welfare of everyone in the building and every one of us has had to sacrifice in some way for the good of others because this virus.
- We are all working hard to maintain a kind and respectful school culture despite the current situation, which causes a great deal of stress. Please understand that you are part of that school culture too!
- One more important point: Home tests and rapid tests are not considered valid by the CDC for return to school or for us to begin contact tracing. So, if your child is symptomatic or you suspect an exposure to COVID, please get a PCR test and report the results to the school nurse so we can take appropriate measures.

As you may or may not know, Appleton had its first report of a case in the school Friday, October 8th. That weekend, the number of reports about infectious cases in the school rose rapidly. By the end of the weekend, Appleton was in outbreak status and over 1/2 of the students were considered close contacts, so the decision was made to hold remote schooling for the week. We have learned a lot in the last week about the nature of the Delta Variant and the effectiveness of our mitigation measures, here's what we know:

- **The Delta Variant is highly contagious.** We have heard this before, but that became very obvious this week. Last year when we had one case of an infectious person in school, that was a rare and isolated event. This year, we learned of multiple cases and, although it is hard to pinpoint the source of the infection, we do suspect that two of the cases could have been caused by spread in school.
- **Most of the cases were unrelated to school or to each other.** This outbreak affected multiple grade levels and both students and staff, but the majority of the cases were contracted outside of school.
- **Our mitigation measures worked!** Even though we suspect that some of the cases were transmitted in school, this outbreak could have caused even more infections if we were not using our mitigation measures. In our Outbreak Team meeting with the CDC, they told us we have been doing a great job keeping safety measures in place to keep spread in school at a minimum.
- **Our school nurses are incredible!** Our nurses put in extra time and effort, even outside of their regular working hours, to make sure everyone has up to date information and can make informed decisions about their health and the health of their children and families. We are very grateful for the expertise and diligence of our nurses!

Classroom visits: I visited Hope's PrK-2 classes in the last few weeks, helping with literacy, lunch, art, music and a whole host of other tasks! We spent a lot of time outside and despite distancing and masking inside, the I was able to get to know the students a bit more and get a closer look inside our classrooms. I am happy to report that our students are being well cared for, and despite all that is different about school right now, everyone appears to be happy to be there and focused on continued academic and social/emotional growth. As always, I am impressed with the skill of our teachers and the focus and diligence of our students!



aio4me.org



Food Assistance

Health, quality food available for anyone who needs a little help.



Energy Assistance

In Maine, food and energy insecurity go hand-in-hand. We can help.



Weekend Meals

During the school year, we send home almost 300 meal kits each week.



AIO Diaper Project

Free diapers to help families make ends meet. Wednesdays at AIO.



Food Assistance

AIO distributes food from the parking lot offering "Curbside Pickup" on Monday & Friday mornings. Clients will receive pre-packaged bags and boxes which will include a variety of groceries. Indoor shopping occurs all day on Wednesdays where you may come inside to the market and shop with a grocery cart.



Energy Assistance

AIO helps households with either heating fuel or electricity disconnection prevention. A volunteer will call your fuel or electricity provider to make a payment on your behalf. This program is for anyone who needs a little help making ends meet.



Weekend Meals

AIO provides meals and snacks for school-age children and families in Knox County during the school year. Every Friday, bags of kid-friendly food are brought to participating schools for students to eat over the weekend.



Diaper Assistance

AIO distributes bundles of diapers from the parking lot offering "Curbside Pickup". This occurs at the small building next to AIO every Wednesday. Each diaper-wearing child in your family may receive 20-60 diapers per week.

Pantry Hours

Location

1A Gordon Drive, Rockland, Maine 04841
Mail: P.O. Box 113, Rockland, Maine 04841

Monday & Friday

10:00 am — 12:00 Noon

Wednesday

10:00 am — 6:00 pm

Contact

email@aiofoodpantry.org
(207) 596-1043

COVID-19

Pre-Screening Tool for School Attendance

Within the past 24 hours
have you had a fever
(100.4 and above*) or
used any fever reducing
medicine?

YES =



Do you feel sick with any
of the most common
symptoms?
(see symptom list to the right)

YES =



Have you been in close
contact with a person who
has COVID-19?

YES =



Have you traveled
outside of the state in
the past 14 days?

YES =



Contact
Your School

**Stay home with any YES response to the questions above OR
with two or more of the "less common" symptoms listed to the
right.**

Attend school when all answers are NO. Call or see your
school nurse or other designated person at school if you have
questions.

Updated 8.3.20



Most Common Symptoms of Covid 19:

Cough
Shortness of
breath
or difficulty
breathing
Fever (100.4 or
greater)*
Chills
Sore throat
New loss of taste
or smell

Less Common Symptoms:

Muscle pain
Nausea or
Vomiting
Stomach pain
Diarrhea
Fatigue
Headache
Rash
Swelling or redness
of hands/feet
Red eyes/eye
drainage
Congestion/
runny nose

*Fever is 100.4
regardless of
measurement
location (oral,
temporal).